

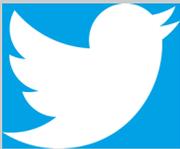
# Voyager Hockey News

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*“Enjoy the Journey of Discovering Your Potential!”*

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## The Season Has Started: Trust the Process

Players, coaches, parents! The season is here, and it is going to be a long one! This is a friendly reminder to enjoy the journey of the day-to-day activities of what makes sports so great for children and teenagers. The primary purpose of youth sports is development: Athletic, Mental, Emotional, and Social. Remember, development is a process. Development takes time. Development takes effort. Development takes patience.

Early in the season, players and teams will start to feel signs of success and, likely, failure. Both are good. Knowing that the season is in its infancy, success is not final, and failure is not fatal. Development occurs through growth, and growth comes from experience. Experiences shape our lives and teach us about the changing situations and realities we are in. Success teaches us that we can accomplish goals, and that

the previous efforts that were put in were worth it. Failure teaches us that there is room for improvement. Coming up short, losing a game, not quite accomplishing a goal, even that it hurts, teaches us that we are not quite to where we need to be yet, and that more effort is needed; more learning is needed.

The season will have ups and downs, success and failure, wins and losses, goals and saves, triumphs and mistakes. Players, coaches, and parents enjoy the journey of the ups and downs. Be happy for success and continue to want to strive for more. Use failure as a motivator to get better and work towards accomplishing that elusive goal. Both instances teach us how to handle new situations, and therefore help us grow, and that is when the greatest development occurs.



Good luck this season and enjoy every minute of it!

## Save the Dates—Summer Clinics 2020

### High School / PG Clinic

June 2nd - August 11th  
8-9pm HS/PG  
Raynham IcePlex

Stay tuned for potential new offerings!  
Cost information will be released in January!

### Mites/Squirts

June 3rd-August 11th  
Session 1 - 5:30-6:30pm  
Session 2 - 6:30-7:30pm  
Aleixo Arena

### Pee Wee/Bantams

June 3rd-August 11th  
7:30-8:30pm  
Aleixo Arena





**“Fun is our  
main  
commitment to  
help players  
enjoy their  
developmental  
experience”**



Casey Carreau, during his time at summer clinics.

## Advice for Players, Coaches, and Parents

**Players:** Ask your coaches for advice. They are a resource to get better. Ask questions use the answers to improve your efforts and your play. Stay engaged and motivated. The only two things you can control is your actions/ effort and attitude! Work Hard and stay positive. You can only improve as a player if you truly want to get better! Have fun and enjoy playing. Respect the game and it will treat you well!

**Coaches:** Continue to get better! Players and parents are putting trust in you for development. Look up drills, watch videos, talk to other coaches. Learn! Share ideas and opinions. Not everything will stick with you, but something may help throughout the season. There is no shame in asking for help and learning “best” practices. The coach with the best drills at their death does not win! Share and get better!

**Parents:** Be supportive! Support your child, their coaches, and their teammates. It is a team sport. Development occurs when everyone improves. Development is not always simple, be patient. If your child has questions, be there to help find the answers. Encourage your child to speak to the coach (this is a great life skill). Lastly, enjoy watching them play! Children grow up quick and those moments do not last forever.

## Voyager Hockey Mission and Commitment

### Our Mission

Voyager Hockey was established in 2011 as South Coast Sports, and later rebranded as Voyager Hockey. Its goal is to provide a quality and affordable way to improve young hockey players between the ages of 5 to 19 (Squirts to Post Grad). Voyager Hockey focuses on the basics of the game of hockey: skating, puck handling, shooting, timing, and combat drills to ensure a player is

properly prepared to advance to the next level. Voyager Hockey uses a variety of high-intensity drills that keep an up-tempo pace to maximize a player’s repetitions throughout each skill session.

### Our Commitment

Voyager Hockey is committed to progression of the game’s basic skills, and the progression that leads young hockey players to their highest level of attainable

skill development. Intensity, Hard-work, dedication, perseverance are Voyager’s foundations for player skill development during skill sessions. It is through our implementation of a rigorous on-ice training program, that we focus on developing a well-rounded young athlete that is prepared to take on the game to achieve their personal goals. Fun is our main commitment to help players enjoy their developmental experience.

## Alumni Update: Where are they Now?

### Casey Carreau

Carreau is beginning his Sophomore season as Boston College. Carreau spent last season with Des Moines (USHL) and Junior Bruins (USPHL) before returning to BC this fall. Carreau had 8pts in 27 games for Des Moines, and 13 pts in 17 games for the Junior Bruins helping them to a USPHL Dineen Cup last spring.



### Max Sauvé

Save, pictured to the left, an Acushnet, MA native is entering his Sophomore Season at Penn State, a Big 10 hockey program. Sauvé spent time with Avon Old Farms, Tabor Academy and the South Shore Kings prior to his commitment to the Nittany Lions. Last season, Sauvé had a line of 1-1-2 in 9 games.